

ACTION HEART 5m 2015

Pos.	Time	Competitor		Club	Cat	No.
1	0:27:30	Sam	Lloyd-Perks	Halesowen A & CC	SM	444
2	0:28:11	Steven	Abrahams	Wolverhampton & Bilston AC	SM	438
3	0:28:15	David	Nation	Dudley & Stourbridge Harriers	SM	310
4	0:28:19	Dean	Bate	Tipton Harriers	SM	423
5	0:28:25	James	Jefferson	West Bromwich Harriers	SM	461
6	0:28:52	Ian	Mansell	Dudley & Stourbridge Harriers	SM	449
7	0:29:14	Ashley	Ross	Bromsgrove & Redditch RC	SM	123
8	0:29:22	Paul	Rogers	Tipton Harriers	MV40	403
9	0:29:29	Carl	Stainton	Warley Woods Pacers	MV40	262
10	0:29:34	Alex	Parker	Birchfield Harriers	SM	64
11	0:29:36	Tessa	Clarke	Wolverhampton & Bilston AC	SF	482
12	0:29:57	Paul	Mountford	Dudley & Stourbridge Harriers	SM	497
13	0:29:59	Gurmal	Dehl	West Bromwich Harriers	MV40	168
14	0:30:03	Laurence	Heathcock	Tipton Harriers	MV40	456
15	0:30:34	Scott	O'Neill	Unattached	SM	271
16	0:30:39	Carson	Tweedie	Cobra RC	MV40	114
17	0:30:49	Alan	Jackson	Unattached	MV50	481
18	0:31:14	Andrew	Henderson	Tipton Harriers	MV40	266
19	0:31:19	Darran	Bishop	Dudley Kingswinford RC	MV40	265
20	0:31:24	David	Mole	Unattached	MV40	97
21	0:32:13	Steve	Cleary	Cobra RC	SM	447
22	0:32:19	Kevin	Fereday	Unattached	SM	410
23	0:32:21	David	Kingston	Telford Harriers	MV40	467
24	0:32:26	Hayley	Jennings	Tipton Harriers	SF	373
25	0:32:42	Darrell	Bodin	Dudley & Stourbridge Harriers	MV40	450
26	0:32:50	Lance	Moreton	Unattached	SM	490
27	0:32:52	Carl	Wright	Unattached	MV40	455
28	0:32:56	Simon	Blizzard	Dudley Kingswinford RC	SM	133
29	0:33:01	Dave	Johnson	Kings Heath RC	MV50	484
30	0:33:11	Royston	Southam	Unattached	SM	62
31	0:33:12	Brian	Currier	Kidderminster & Stourport AC	MV50	324
32	0:33:21	Paul	Evans	Unattached	SM	86
33	0:33:34	Jamie	Reay	Unattached	SM	480
34	0:33:36	Ian	Hodkinson	Stafford Harriers	MV40	150
35	0:33:37	David	Rose	Stourbridge RC	MV50	277
36	0:33:50	Mark	Fantom	Unattached	MV40	261
37	0:33:52	Robert	Weaver	Halesowen A & CC	MV40	146
38	0:33:54	John T	Hill	Halesowen A & CC	MV60	379
39	0:33:57	Peter	Hood	Dudley Kingswinford RC	MV50	98
40	0:34:08	Simon	Hughes	Dudley Kingswinford RC	SM	435
41	0:34:24	Pavel	Mihalic	Unattached	MV50	433
42	0:34:27	Jack	Hodkinson	Stafford Harriers	SM	169
43	0:34:28	Paul	Sheppard	Cobra RC	SM	113
44	0:34:40	Alan	Griffin	Stafford Harriers	MV40	284
45	0:34:48	Adam	Goren	Unattached	SM	87
46	0:34:53	James	Bradley	Unattached	SM	137
47	0:34:57	Christopher	Wilson-Barradell	Unattached	SM	166
48	0:34:58	Darren	Marklew	Dudley Kingswinford RC	MV40	181
49	0:34:59	Tracy	Alderson	B'ham Running & Tri Club	FV40	304
50	0:35:01	Richard	Tonks	Dudley Kingswinford RC	SM	313
51	0:35:06	Helen	Tromans	Dudley Kingswinford RC	FV40	209
52	0:35:07	Mark	Wilkinson	Unattached	MV40	424
53	0:35:09	Phil	Talbot	Unattached	MV40	399
54	0:35:21	Paul	Coleman	Unattached	MV40	517

55	0:35:36	Stacey	Skitt	Dudley & Stourbridge Harriers	SF	386
56	0:35:37	Stephen	Parr	Unattached	MV40	269
57	0:35:42	Mark	Yates	Unattached	MV40	152
58	0:35:45	Robert	Sedgley	Tipton Harriers	MV40	236
59	0:35:47	James	Abrams	Unattached	MV50	369
60	0:35:51	Dave	Smith	Warley Woods Pacers	MV50	227
61	0:35:57	Chris	Elsley	Stafford Harriers	MV40	366
62	0:35:59	Mark	Stride	Unattached	SM	364
63	0:36:00	Peter	Rogers	Unattached	MV40	47
64	0:36:13	Chris	Pearson	Cobra RC	MV60	407
65	0:36:27	Mark	Oliver	Stafford Harriers	MV40	190
66	0:36:31	Willis	Brooks	Unattached	SM	81
67	0:36:33	Michael	Walker	Unattached	MV40	132
68	0:36:45	Alastair	Hadley	Unattached	SM	427
69	0:36:47	Gary	Hawkesford	Unattached	MV40	68
70	0:36:53	Darren	Beattie	Dudley Kingswinford RC	MV40	496
71	0:36:55	Ross	Butler	Unattached	SM	216
72	0:36:57	George	Taylor	Unattached	MV40	292
73	0:37:05	Lewis	Smith	Unattached	SM	400
74	0:37:10	Katie	Dolan	Tipton Harriers	SF	319
75	0:37:11	Kal	Heer	Unattached	SM	186
76	0:37:12	Daniela	Sedgley	Tipton Harriers	SF	391
77	0:37:13	Roy	Adams	Unattached	MV50	49
78	0:37:14	Paul	Hemmings	Unattached	MV40	498
79	0:37:17	Andrew	Bentley	Unattached	MV40	246
80	0:37:20	Vicky	Morris	Unattached	SF	26
81	0:37:23	William	Bromley	Unattached	SM	519
82	0:37:26	Paul	Dolan	Unattached	MV40	318
83	0:37:29	Simon	Bonner	Unattached	MV40	512
84	0:37:30	Martin	Wall	Aldridge RC	SM	287
85	0:37:35	Chris	Tucker	Unattached	SM	219
86	0:37:36	John	Andrews	Dudley Kingswinford RC	MV40	283
87	0:37:37	Luke	Johnson	Unattached	SM	278
88	0:37:38	Paul	Clarke	Unattached	SM	29
89	0:37:41	Ashley	Clayton	Unattached	SM	235
90	0:37:45	Grace	Allen	Stourbridge RC	SF	472
91	0:37:46	Martin	Willmott	Kidderminster & Stourport AC	MV60	305
92	0:37:49	Chris	Skellern	Stafford Harriers	FV50	374
93	0:37:58	Paul	Bradley	Kidderminster & Stourport AC	MV60	458
94	0:38:05	Nigel	Collumbell	Unattached	MV40	70
95	0:38:09	Ian	Hale	Unattached	MV40	294
96	0:38:13	David	Dunlop	Unattached	MV40	147
97	0:38:16	Paul	Green	Unattached	MV40	346
98	0:38:19	Jon	Perrett	Unattached	MV40	445
99	0:38:21	Colin	Bowater	Unattached	MV40	106
100	0:38:25	Geoff	Collins	Midland Masters AC	MV60	248
101	0:38:32	Jakob	Poolton	Unattached	SM	159
102	0:38:34	Ian	Clough	Kidderminster & Stourport AC	MV60	185
103	0:38:38	John	Turton	Oldbury STC	MV40	493
104	0:38:38	Neil	Walker	Unattached	MV40	143
105	0:38:39	Stuart	King	Unattached	MV40	247
106	0:38:42	Shelley	Burns	Stafford Harriers	SF	290
107	0:38:44	Jason	Devey	Unattached	MV40	103
108	0:38:45	Andy M	Whitehouse	Unattached	MV50	426
109	0:38:51	Carl	Slater	Unattached	MV40	418
110	0:38:54	Jeffrey	De La Raga	Unattached	MV40	431
111	0:38:56	Jonathan	Farmer	Unattached	SM	393

112	0:39:01	Will	Pottinger	Unattached	SM	213
113	0:39:06	Adele	Turton	Oldbury STC	FV50	494
114	0:39:08	Simeon	Tagg	Unattached	MV40	52
115	0:39:11	Matt	Taylor	Unattached	SM	179
116	0:39:15	Victoria	Charlton	Unattached	FV40	299
117	0:39:16	Glenn	Mallen	Unattached	MV40	85
118	0:39:17	Antony	Consiglio	Unattached	SM	428
119	0:39:22	Peter	Bloxham	Unattached	MV40	414
120	0:39:22	Roy	Bloxham	Unattached	MV50	415
121	0:39:27	Emma	Casewell	Unattached	SF	78
122	0:39:30	Lee	Bromley	Action Heart RC	MV50	518
123	0:39:31	John	Cotter	Unattached	MV50	487
124	0:39:32	Jamie	Lysek	Unattached	MV40	413
125	0:39:33	Jason	Vigrass	Aldridge RC	MV40	175
126	0:39:34	Darren	Mason	Unattached	MV40	502
127	0:39:35	Andrew	Hill	Unattached	SM	335
128	0:39:36	Gill	Hodkinson	Stafford Harriers	FV40	151
129	0:39:37	Daniel	Woodall	Cobra RC	SM	397
130	0:39:38	Josef	Baker	Unattached	SM	448
131	0:39:39	Adrian	Parsons	Unattached	SM	196
132	0:39:41	Helen	Phillips	Aldridge RC	FV50	176
133	0:39:42	Steven	Horton	Halesowen A & CC	MV40	462
134	0:39:43	John	Holmes	Unattached	MV60	61
135	0:39:52	Tom	Cobb	Dudley Kingswinford RC	SM	489
136	0:39:57	Paul	Tennant	Unattached	SM	348
137	0:39:59	Paul	Hulme	Unattached	SM	193
138	0:40:01	Carol	Fisher	Dudley Kingswinford RC	FV50	157
139	0:40:11	Neal	Stanley	Unattached	SM	475
140	0:40:17	Phillip	Cartwright	Action Heart RC	MV50	301
141	0:40:26	Gary	Taylor	Unattached	MV40	128
142	0:40:29	Andy	Morrison	Unattached	MV40	40
143	0:40:34	Louise	Booker	Aldridge RC	SF	356
144	0:40:35	James	Russell	Unattached	SM	288
145	0:40:39	Robert	Fellows	Unattached	MV60	272
146	0:40:47	Joanne	Williams	Kidderminster & Stourport AC	SF	25
147	0:40:48	Ian	Hodgkiss	Unattached	MV40	153
148	0:40:49	Nicholas	Smith	Droitwich AC	MV40	351
149	0:40:53	David	Slater	Unattached	MV50	124
150	0:40:59	Andrew	Cotterill	Unattached	SM	167
151	0:41:01	Melissa	Lowke	Wolverhampton & Bilston AC	SF	206
152	0:41:08	Carl	Jones	Unattached	MV50	217
153	0:41:09	Jonathan	Tams	Unattached	MV40	79
154	0:41:10	Timothy	Marshall	Unattached	MV40	350
155	0:41:12	Christine	Sedman-Smith	Kidderminster & Stourport AC	FV60	5
156	0:41:13	Matthew	Barnsley	Unattached	MV40	420
157	0:41:14	Alan	Davies	Cobra RC	MV50	508
158	0:41:15	Stephen	Spencer	Unattached	MV40	102
159	0:41:16	Darryl	Kilgallon	Unattached	SM	442
160	0:41:21	Stephen	Wakefield	Dudley Kingswinford RC	MV40	483
161	0:41:22	Stuart	Collins	Unattached	SM	357
162	0:41:28	Jenny	Knight	Unattached	FV40	259
163	0:41:30	Ian	Foster	Unattached	MV50	89
164	0:41:31	Simon	Freeman	Unattached	MV40	73
165	0:41:32	Jamie	Sircom	Halesowen A & CC	MV40	499
166	0:41:33	Jon	Tune	Unattached	SM	338
167	0:41:34	Jacques	Smithwoodman	Unattached	SM	250
168	0:41:36	Stewart	Malcolm	Unattached	MV40	111

169	0:41:36	Joel	Green	Unattached	MV40	289
170	0:41:36	Jane	Pugh	Action Heart RC	FV40	180
171	0:41:48	Ian	Alcorn	Unattached	MV50	164
172	0:41:49	Stephen	Hornby	Unattached	MV40	315
173	0:41:50	Katy	McGowan	Unattached	SF	452
174	0:41:51	Andrew	Sheppard	Unattached	MV40	251
175	0:41:54	Stephen	Foster	Unattached	MV50	126
176	0:41:55	Kevin	Bateman	Unattached	MV40	432
177	0:41:58	Nicki	Davies	Cobra RC	FV40	507
178	0:41:59	David	Marshall	Unattached	MV60	91
179	0:42:00	Barry	Gwilliam	Unattached	MV40	325
180	0:42:06	Richard	Ennis	Unattached	MV40	311
181	0:42:12	Louise	Brookes	Unattached	FV40	465
182	0:42:17	Mark	Witheridge	Bournville Harriers	MV50	443
183	0:42:20	Laurence	Spooner	Unattached	SM	224
184	0:42:21	George	Cunningham	Unattached	MV40	355
185	0:42:23	Karl	Norton	Unattached	MV50	402
186	0:42:24	Harold	Williams	Unattached	MV60	411
187	0:42:25	Paul	Miles	Unattached	MV50	165
188	0:42:28	Jonathan	Shaw	Unattached	MV40	434
189	0:42:32	Mark	Tracey	Action Heart RC	SM	267
190	0:42:40	Alex	Williams	Unattached	MV50	425
191	0:42:43	Anita	Whitehouse	Kidderminster & Stourport AC	FV40	514
192	0:42:48	Luke	Willetts	Unattached	MV40	492
193	0:42:50	Richard	Dumont	Unattached	MV40	57
194	0:42:52	Jim	Semple	Unattached	MV40	479
195	0:42:52	Rob	Hawthorne	Unattached	MV40	453
196	0:42:54	Caryl	Gibson	Stafford Harriers	FV50	116
197	0:42:55	Samantha	Flavell	Unattached	SF	66
198	0:42:56	Daniel	Ely	Unattached	SM	65
199	0:43:04	Joseph	Atherton	Stafford Harriers	MV50	347
200	0:43:11	Beverley	Ward	West Bromwich Harriers	FV50	19
201	0:43:12	Amy	Durrell	Bromsgrove & Redditch RC	SF	44
202	0:43:13	Thomas	Barrows	Unattached	SM	214
203	0:43:14	Matthew	Cotter	Unattached	SM	486
204	0:43:19	Kelvin	Boddy	Unattached	MV40	406
205	0:43:20	Gaynor	Collett	Unattached	FV40	320
206	0:43:27	JULIE	Nicholls	Unattached	FV40	372
207	0:43:27	Tracey	Hill	Unattached	SF	371
208	0:43:28	Steve	Hill	Unattached	MV60	510
209	0:43:31	Kevin	Guy	Action Heart RC	MV50	59
210	0:43:33	Roger	Share	Unattached	MV40	119
211	0:43:37	Lizzie	Lodge	Unattached	SF	221
212	0:43:39	Craig	Baxter	Stafford Harriers	MV40	187
213	0:43:41	Amanda	Young	Unattached	FV50	394
214	0:43:42	Simon	Brookes	Unattached	SM	163
215	0:43:46	Joanne	Oliver	Stafford Harriers	FV40	188
216	0:43:47	Debbie	Mcdermott	Stafford Harriers	FV40	80
217	0:43:52	Stewart	Clements	Unattached	MV50	122
218	0:43:57	John	Sanders	Unattached	MV40	281
219	0:43:57	Louise	Sanders	Unattached	FV40	280
220	0:44:01	Daniel	Bills	Unattached	SM	317
221	0:44:11	Aggy	Meers	Unattached	SF	17
222	0:44:14	Christopher	Leavesley	Unattached	MV40	380
223	0:44:17	David	Hackett	Unattached	MV60	241
224	0:44:19	Gary	Cooper	Unattached	MV40	198
225	0:44:20	Stuart	Hudson	Unattached	MV40	199

226	0:44:23	Darryll	Whitehouse	Unattached	MV40	440
227	0:44:30	John	Needham	Unattached	MV40	145
228	0:44:31	Rebecca	Webster	Unattached	SF	463
229	0:44:33	Stephen	Bloomer	Stourbridge RC	MV40	14
230	0:44:36	Peter	Woodall	Unattached	MV40	352
231	0:44:37	Sally	Mconville	Dudley Kingswinford RC	FV50	15
232	0:44:43	Nicholas	West	Unattached	MV40	282
233	0:44:46	Ian	Russell	Unattached	MV40	194
234	0:44:49	Steven	Hale	Unattached	MV50	451
235	0:44:50	Lisa	Kendrick	Dudley Kingswinford RC	SF	55
236	0:44:53	Pat	Fletcher	Kidderminster & Stourport AC	FV50	191
237	0:44:58	Steve	Davies	Dudley Kingswinford RC	MV50	39
238	0:44:59	Gary	Wall	Unattached	MV50	417
239	0:45:03	Martin	Baker	Unattached	MV40	77
240	0:45:04	Mick	Hudson	Kidderminster & Stourport AC	MV50	295
241	0:45:06	Matthew	Pearcey	Unattached	MV40	6
242	0:45:07	Aaron	Harlow	Halesowen A & CC	SM	263
243	0:45:08	Mark	Sinclair	Unattached	MV40	365
244	0:45:09	Robert	Peverelli	Unattached	SM	9
245	0:45:20	Sean	Carolan	Unattached	MV50	252
246	0:45:23	Jennifer	Shukla	Unattached	SF	171
247	0:45:26	David	Bandurak	Unattached	SM	388
248	0:45:27	Chris	Weaver	Unattached	SM	162
249	0:45:30	Paul	Skidmore	Action Heart RC	MV50	173
250	0:45:31	Kevin	Freshwater	Unattached	MV50	408
251	0:45:32	Melanie	Williams	Stourbridge RC	FV40	504
252	0:45:33	Adam	Wootton	Unattached	SM	395
253	0:45:34	Shirley	Harris	Unattached	FV50	245
254	0:45:35	Andrew	Wright	Unattached	MV50	321
255	0:45:38	Gudrun	Smith	Warley Woods Pacers	FV50	72
256	0:45:39	Annette	Fitzgerald	Unattached	FV40	174
257	0:45:40	Artemis	Militello	Unattached	SF	328
258	0:45:41	Peter	Chilton	Unattached	MV60	279
259	0:45:47	Barbara	Johnson	Aldridge RC	FV40	220
260	0:45:48	Paul	Swan	Unattached	MV40	377
261	0:45:49	Nick	Horton	Unattached	MV50	195
262	0:45:50	Jenna	Beckett	Unattached	SF	84
263	0:45:51	Rebecca	Shinton	Unattached	FV40	404
264	0:45:57	Helen	Attwood	Halesowen A & CC	FV40	93
265	0:46:00	Amy	Bandurak	Unattached	SF	387
266	0:46:01	Elaine	Chambers	Stourbridge RC	FV60	477
267	0:46:08	Kevin	Jukes	Unattached	MV50	302
268	0:46:09	Hayley	Morris	Kidderminster & Stourport AC	SF	207
269	0:46:11	Malcolm	Macconnell	Unattached	MV40	82
270	0:46:15	Stefan	Paradissis	Unattached	SM	323
271	0:46:16	Andrew	Essom	Unattached	MV40	446
272	0:46:33	Philippa	Knights	Unattached	FV40	370
273	0:46:35	Richard	Baker	Unattached	MV40	439
274	0:46:37	Adam	Davis	Unattached	SM	243
275	0:46:42	Olivia	Nicholls	Unattached	FV40	76
276	0:46:44	Jenson	Bloomer	Unattached	MV40	53
277	0:46:45	Gemma	Vine	Unattached	SF	225
278	0:46:48	William	Woolgar	Unattached	SM	249
279	0:46:50	Onofrio	Militello	Unattached	SM	327
280	0:46:53	Stephanie	Cooper	Dudley Kingswinford RC	SF	332
281	0:46:57	Richard	Matthews	Unattached	MV40	470
282	0:46:58	Simon	Lee-Brookes	Unattached	SM	88

283	0:47:00	Tim	Collins	Unattached	MV50	16
284	0:47:06	Kelly	Nock	Unattached	SF	218
285	0:47:07	Karen	Taylor	Unattached	FV40	192
286	0:47:08	Steve	Rubery	Dudley Kingswinford RC	MV40	131
287	0:47:13	Gregg	Edwards	Unattached	MV40	56
288	0:47:14	Martin	Hobson	Unattached	SM	135
289	0:47:17	Peter	Griffiths	Unattached	MV50	308
290	0:47:20	James	Gaytten	Unattached	MV60	298
291	0:47:21	Alison	Davidson	Unattached	FV50	441
292	0:47:21	Kerry	Bradley	Unattached	FV50	136
293	0:47:26	Zoe	Marklew	Unattached	SF	182
294	0:47:27	Clyde	Luis	Unattached	MV50	158
295	0:47:28	Suzi	Geraghty	Dudley Kingswinford RC	FV40	130
296	0:47:29	Katy	Moskot-Brettell	Unattached	SF	83
297	0:47:30	Natalie	Wise	Unattached	FV40	376
298	0:47:31	Alan	Roberts	Unattached	MV50	375
299	0:47:37	John	Glover	Dudley Kingswinford RC	MV60	229
300	0:47:40	Alan	Birch	Unattached	MV50	367
301	0:47:42	Andrew	Diamond	Unattached	MV40	257
302	0:47:43	James	Slater	Unattached	SM	201
303	0:47:55	Simon	Androlia	Unattached	SM	340
304	0:47:58	Baljit	Watson	Unattached	FV50	32
305	0:48:05	Lorraine	Gaytten	Unattached	FV50	297
306	0:48:09	Matthew	Griffiths	Unattached	SM	234
307	0:48:12	Marie-Claire	D'arcy-Barron	Stafford Harriers	SF	466
308	0:48:13	Peter	Forth	Unattached	MV50	469
309	0:48:17	Kate	Miller	Unattached	SF	154
310	0:48:17	Craig	Mcfadyen	Unattached	SM	457
311	0:48:19	Michaela	Duckett	Unattached	SF	358
312	0:48:24	Michael	Wardlaw	Kings Heath RC	MV40	468
313	0:48:26	Helen	Parr	Unattached	SF	270
314	0:48:31	Andrew	Lewis	Unattached	SM	34
315	0:48:38	Keely	Cook	Unattached	SF	326
316	0:48:41	Caroline	Safe	Unattached	FV50	405
317	0:48:42	Kizzy	Atkinson	Unattached	SF	501
318	0:48:43	Charles	Rush	Unattached	MV40	231
319	0:48:44	Susan	Rush	Unattached	FV40	232
320	0:48:45	Melanie	Brown	Aldridge RC	FV50	226
321	0:48:46	Daniella	Arenare	Unattached	SF	409
322	0:48:47	Georgia	Witton	Unattached	SF	495
323	0:48:48	Greg	Bickerdike	Unattached	SM	485
324	0:48:49	Amanda	Dawes	Dudley Kingswinford RC	SF	362
325	0:48:50	Reiss	High	Unattached	SM	156
326	0:48:51	Ross	Clucas	Unattached	SM	155
327	0:48:53	Paul	Bradbourn	Unattached	SM	336
328	0:48:55	Heather	Hyde	Unattached	FV50	200
329	0:48:57	Abi	Ashcroft	Unattached	SF	45
330	0:49:01	Joanne	Hardy	Unattached	SF	333
331	0:49:06	Jon	Hardy	Unattached	SM	334
332	0:49:06	Lisa	Tighe	Unattached	SF	141
333	0:49:07	Rebecca	Simmons	Unattached	SF	142
334	0:49:10	Lee	Fletcher	Unattached	SM	107
335	0:49:17	Brian	Whitehouse	Unattached	MV40	429
336	0:49:20	John	Gainham	Unattached	MV50	401
337	0:49:25	John	Clarke	Action Heart RC	MV60	11
338	0:49:26	Tracey	Nicholls	Dudley Kingswinford RC	FV40	118
339	0:49:29	Joseph	Edwards	Unattached	SM	422

340	0:49:29	Andrew	Pountney	Unattached	SM	381
341	0:49:30	Richard	Southam	Unattached	MV50	42
342	0:49:37	Clare	Loftus	Unattached	FV40	24
343	0:49:40	Nina	Twigger	Unattached	SF	202
344	0:49:45	Tom	Dodwell	Unattached	SM	210
345	0:49:46	Andrew	Little	Unattached	SM	10
346	0:49:47	Stephanie	Shuttleworth	Dudley Kingswinford RC	SM	101
347	0:49:54	Alison	Huggan	B'ham Running & Tri Club	FV40	237
348	0:49:56	Richard	Knott	Unattached	SM	363
349	0:49:56	Samantha	Brown	Sweatshop RC	SF	148
350	0:49:57	Alison	Lodge	Unattached	FV50	322
351	0:50:00	Lorraine	Collins	Dudley Kingswinford RC	FV50	293
352	0:50:04	Florence	Cadby	Unattached	FV40	459
353	0:50:05	Simon	Cadby	Unattached	MV40	460
354	0:50:06	Kathleen	Foster	Unattached	FV40	419
355	0:50:06	Philip	Bandurak	Unattached	MV50	437
356	0:50:07	David	Swift	Unattached	MV50	378
357	0:50:22	Allan	Hickman	Unattached	MV40	238
358	0:50:37	Lisa	Hadlington	Dudley Kingswinford RC	FV40	254
359	0:50:41	Richard	Homer	Unattached	SM	129
360	0:50:50	Sarah	Rogers	Unattached	SF	48
361	0:50:51	Emma	Thompson	Action Heart RC	FV40	309
362	0:50:51	Zoe	Wint	Unattached	SF	239
363	0:50:53	Aimee	Pugh	Dudley Kingswinford RC	SF	260
364	0:51:03	Charlotte	Tonks	Dudley Kingswinford RC	SF	314
365	0:51:09	Rosalind	Anslow	Action Heart RC	FV50	478
366	0:51:14	Nicki	Sehmar	Unattached	FV40	41
367	0:51:21	Jacqueline	Green	Dudley Kingswinford RC	FV50	515
368	0:51:29	Sharon	Bailey	Unattached	FV40	382
369	0:51:32	Lynda	Stobert	Unattached	FV50	353
370	0:51:36	Claire	Wilkinson	Unattached	FV40	60
371	0:51:38	Maria	Posiwnycz	Unattached	FV50	464
372	0:51:39	Pamela	Manning	Kidderminster & Stourport AC	FV50	240
373	0:51:49	Christian	Thompson	Unattached	SM	337
374	0:51:59	Victoria	Borrow	Unattached	SF	43
375	0:51:59	Jon	Rowley	Action Heart RC	MV40	215
376	0:52:00	Sarah	Tracey	Action Heart RC	SF	268
377	0:52:08	Michelle	Meeson	Unattached	FV40	384
378	0:52:08	Dave	Meeson	Unattached	MV40	383
379	0:52:09	Tonya	Mclauchlan	Unattached	FV40	112
380	0:52:10	Andy	Jinks	Unattached	SM	104
381	0:52:23	Simon	Smith	Unattached	MV50	67
382	0:52:33	Claire	Wilkes	Unattached	FV40	127
383	0:52:40	Sharon	Fern	Aldridge RC	SF	94
384	0:52:41	Suzanne	Williams	Unattached	FV50	361
385	0:53:08	Theresa	Robinson	Unattached	FV40	110
386	0:53:10	Paul	Evans	Unattached	MV40	183
387	0:53:19	Steven	Holdsworth	Unattached	SM	430
388	0:53:43	Carl	Longden	Unattached	MV40	296
389	0:53:47	Michelle	Marshall	Unattached	SF	306
390	0:53:47	Jane	Marshall	Unattached	FV50	307
391	0:53:52	Pajarshi	Raychaudhuri	Unattached	MV40	312
392	0:53:53	Steve	Waltho	Unattached	MV50	303
393	0:53:56	Tracey	Vaughan	Unattached	MV40	516
394	0:54:08	Hilary	Rees	Unattached	FV50	90
395	0:54:16	Amanda	Houghton	Unattached	FV40	454
396	0:54:18	Richard	Sheppard	Unattached	SM	255

397	0:54:19	Alec	Griffiths	Unattached	MV60	233
398	0:54:20	Richard	Payne	Unattached	SM	139
399	0:54:21	Helen	Williamson	Dudley Kingswinford RC	FV50	513
400	0:54:32	Mark	Greenaway	Unattached	MV40	491
401	0:54:42	Hannah	Leigh	Stourbridge RC	SF	345
402	0:54:59	Catherine	Porter	Unattached	SF	223
403	0:55:26	Dorothy	Lepkowska-Hudson	Unattached	FV50	197
404	0:55:26	Brian	Hobson	Unattached	MV50	134
405	0:55:49	Helen	White	Kings Heath RC	FV40	473
406	0:56:00	Sally	Reid	Unattached	FV50	99
407	0:56:00	Sarah	Bright	Unattached	FV40	100
408	0:56:02	Aidan	Clouds	Unattached	SM	3
409	0:56:03	Neil Alan	Whitehouse	Stourbridge RC	MV40	204
410	0:56:38	Dominique	Homer	Unattached	SF	396
411	0:56:43	Joanne	Cox	Unattached	SF	38
412	0:56:46	Michael	Christie	Unattached	MV40	37
413	0:56:47	Gillian	Christie	Unattached	FV40	36
414	0:57:07	Debra	Taylor	Unattached	FV40	291
415	0:57:17	Liam	Bradley	Aldridge RC	MV60	74
416	0:57:19	Tracey	Limbrick	Unattached	FV50	46
417	0:57:26	Nina	Gupta	Unattached	FV40	368
418	0:57:29	Valerie	Stuart	Stafford Harriers	FV70	189
419	0:57:46	Allan	Hodson	Aldridge RC	MV50	349
420	0:57:58	Hannah	Deeley	Unattached	SF	343
421	0:58:03	Emma	Aspinall	Unattached	FV40	256
422	0:58:07	Brian	Russell	Unattached	MV70	359
423	0:58:16	Nicola	Wilkinson	Dudley Kingswinford RC	FV40	392
424	0:58:19	Zara	Farebrother	Unattached	SF	12
425	0:58:33	Tracey	Wharton	Unattached	FV40	75
426	0:58:44	Gwen	Jones	Dudley Kingswinford RC	FV40	385
427	0:58:46	Marie	Froggett	Unattached	FV40	389
428	0:58:46	Jane	Glaze	Unattached	FV50	390
429	0:58:50	Reg	Sargeant	Unattached	MV60	13
430	0:59:57	Julie	Price	Unattached	FV40	506
431	1:00:34	Gary	Dovydaitis	Unattached	MV50	505
432	1:01:23	Gemma	Mcclay	Unattached	FV40	121
433	1:01:47	Amy	Haines	Unattached	SF	105
434	1:02:18	Eleanor	Woodward	Unattached	SF	242
435	1:02:18	Suzy	Perry	Hermitage Harriers	FV40	275
436	1:02:32	Kerry	Lewis	Unattached	SF	33
437	1:02:37	Dan	Hadley	Unattached	MV40	115
438	1:02:47	Linda	Harper	Unattached	SF	273
439	1:02:47	Farrah	Hunter-Coley	Unattached	SF	244
440	1:02:58	Frank	Evans	Stafford Harriers	MV70	276
441	1:03:00	John	Pountney	Unattached	MV40	138
442	1:03:00	Gordon	Richards	Unattached	MV60	7
443	1:03:09	Mark	Jordan	Unattached	MV40	21
444	1:11:18	Charlotte	Troman	Unattached	SF	30
445	1:11:18	Sarah	Yarrangton	Unattached	SF	31
446	1:14:58	Ian	Dawes	Unattached	MV40	1
447	1:15:02	Wendy	Bourne	Stourbridge RC	FV40	205
448	1:18:05	Alicia	Humphries	Unattached	SF	4
449	1:18:05	Jane	Mott	Stourbridge RC	FV50	203
450	1:23:48	Anthony	Stanley	Unattached	MV60	474
451	1:24:32	Enid	Brazier	Dudley Kingswinford RC	FV70	117